

**Odyssey House**  
Where recovery lives

## Adult Treatment

Community-based comprehensive  
residential and outpatient substance  
use disorder treatment

### Assessment & Admissions

219 East 121<sup>st</sup> Street  
New York, NY 10035

t. 212 987 5100  
f. 212 987 5179

[www.odysseyhouseinc.org](http://www.odysseyhouseinc.org)

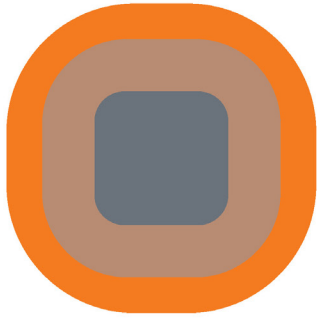
Highly structured evidence-based residential and outpatient treatment for men and women between 24 and 50 years of age.

### *What we offer*

- Flexible, enhanced treatment with individualized lengths of stay
- Focus on group treatment with community responsibility and accountability
- On-site licensed primary medical and dental clinic, HIV testing and counseling
- Discharge planning including: peer support network; group, family, and individual therapy; community residence and independent housing placements
- Vocational assessment, training and job placement
- Adult Basic Education and GED prep classes

### *Program highlights*

- Evidence-based and best practice treatment models: *Motivational Enhancement Therapy*; *Trauma, Recovery and Empowerment*; and *Nurturing Parent Program for Families in Substance Abuse Treatment and Recovery*
- Anger management, domestic violence, and relapse prevention groups
- Cultural, fitness, and recreational activities
- Medication-assisted treatment



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## ElderCare Services

Residential, outpatient, and housing services for older adults (50+) with substance use disorders

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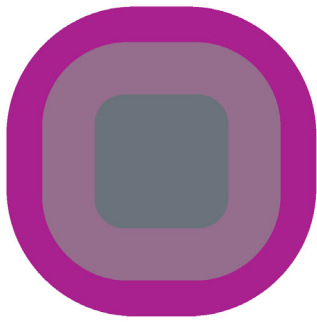
Flexible and comprehensive residential and outpatient substance use disorder treatment designed to meet the needs of mature adults.

### *What we offer*

- Individualized lengths of stay
- Focus on group treatment with community responsibility and accountability
- On-site licensed primary medical and dental clinic, HIV testing and counseling
- Discharge planning including: peer support network; group, family, and individual therapy;
- Housing support including: community residence, independent scattered site housing, or community based skilled nursing facilities
- Vocational assessment, training and job placement
- Adult Basic Education and GED prep

### *Program highlights*

- Evidenced-based services: *Cognitive Behavioral Therapy* and trauma-informed *Seeking Safety*
- Room together with other mature peers
- Age-appropriate cultural, fitness and recreational activities
- Mature staff with experience in geriatric care
- Medication-assisted treatment



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# Family Center of Excellence

Residential and outpatient substance use disorder treatment for pregnant women and parents caring for infants and young children

### Assessment & Admissions

219 East 121<sup>st</sup> Street  
New York, NY 10035

t. 212 987 5100  
f. 212 987 5179

[www.odysseyhouseinc.org](http://www.odysseyhouseinc.org)

Evidence-based substance use disorder treatment that keeps families together.

### *What we offer*

- Individual, group, and family counseling
- On-site primary medical care with specialties in OB/GYN, psychiatry, HIV/AIDS
- Specialized pediatric services provided in partnership with Institute for Family Health
- Health education and parenting skills including medication management and Activities of Daily Living training
- Anger management, domestic violence, and relapse prevention
- Family Re-Entry community residences
- Independent housing support and placement
- Vocational/educational testing, training and job placement

### *Program highlights*

- Evidence-based and best practice treatment models: *Motivational Enhancement Therapy*; *Trauma, Recovery and Empowerment*; and *Nurturing Parent Program for Families in Substance Abuse Treatment and Recovery*
- Department of Health-licensed day care with on-site Early Headstart
- Cultural, fitness, and recreational activities
- Medication-assisted treatment



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## Outpatient Services

Community-based family, individual, and group substance use disorder treatment

**Assessment & Admissions**  
953 Southern Boulevard  
Bronx, NY 10459

t. 718 860 2994  
f. 718 860 4479

[www.odysseyhouseinc.org](http://www.odysseyhouseinc.org)

Flexible, individualized treatment using evidence-informed and peer recovery support services.

### *What we offer*

- Individual, group and family treatment
- Psychiatric evaluation including integrated care for co-occurring disorders
- Pharmacological support
- Health education seminars
- Relapse prevention
- Parenting skills training
- Trauma informed services
- Anger management and domestic violence prevention
- Peer mentoring
- Vocational and educational evaluations
- Bilingual services
- Medicaid reimbursement
- Day and evening hours
- Medication-assisted treatment

### *Peer Recovery Support*

Odyssey House Recovery Oriented Care System (OH ROCS) uses evidence-informed peer mentoring model together with recovery coaching, personal recovery plans, peer-to-peer support groups and incentives.

### *Youth Programs*

Bronx Urban Youth Initiative (BUY-In) is a family-focused and evidence-based substance abuse treatment program for adolescents and young adults (12-24 years of age).





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### Youth Services

Gender-specific residential and outpatient substance use disorder treatment for young adults

#### Assessment & Admissions

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f. 212 987 5179

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Flexible and comprehensive residential treatment with individualized lengths of stay and outpatient services for young adults 18 to 24 years of age.

#### *What we offer*

- Substance abuse counseling with evidence-based and age-appropriate interventions
- High staff-to-client ratio
- Individual, group and family therapy
- Access to primary health care, dental, and psychiatric services
- On-site Department of Education-certified high school and GED classes
- Vocational assessment, counseling and placement
- College and career planning assistance
- Peer mentoring program
- Family mediation and reunification
- Community residence, housing support and placement

#### *Program highlights*

- Gender-separate residential treatment centers for young adult male and female clients
- Clinical focus on evidence-based treatment including: *Clean and Sober*; *Cognitive Behavioral Thinking for Change Therapies*; and trauma-informed *Seeking Safety*
- On-site fitness centers
- Age-appropriate cultural and recreational activities
- Medication-assisted treatment